



DECEMBER 2025

GLEN ROCK Elementary Schools



MONDAYS

SunButter & Jelly
Sandwich w/ Pretzels &
String Cheese

Paris Café: Assorted
Cheeses w/ Sweet
Grapes & a Baguette
Slice or Mini Croissant

Grilled Chicken Caesar
Salad w/ a Dinner Roll

TUESDAYS

Boar's Head Turkey BLT
Roll-Ups

Grab 'n Go Yogurt Box:
Yogurt w/ String Cheese,
Pretzels & Fruit

Healthy Hummus Meal
w/ Pita Triangles &
Pretzels

WEDNESDAYS

Wild West: Boar's Head
Ham w/ Cheese on a
Whole Grain Wrap

Peach Yogurt Parfait
w/ Granola

Grilled Chicken Cobb
Salad w/ a Dinner Roll

THURSDAYS

Grilled Chicken Caesar
Wrap

Bagel Lunch: White or
Whole Grain Bagel w/
Cream Cheese, Fruit &
Vegetable





Chicken Chopped Salad w/
Ranch Dressing & a Roll

FRIDAYS

Boar's Head Italian Sub

Cereal Lunch w/
a Low-Fat Cheese Stick,
Yogurt & Fruit

Chicken Salad Bento Box
w/ Grapes & Pita Bread

1	2	3	4	5
Potato & Cheese Pierogi w/ Hot Dog Bites	Homemade Tomato Soup w/ a Grilled Cheese Sandwich	EARLY DISMISSAL NO LUNCH SERVICE	EARLY DISMISSAL NO LUNCH SERVICE	 Organic Meatloaf w/ Roasted Organic Red Potatoes & Sweet Carrots
Pizzeria Pizza	Pizzeria Pizza			Pizzeria Pizza
Chicken Fillet Parmesan w/ French Fries Double Hot	Pancakes w/ an Egg Patty Double Hot			Chicken Cordon Bleu on a Brioche Bun Double Hot
8	9	10	11	12
Sabrett All-Beef Hot Dog on a Bun w/ French Fries	Homemade All-Natural Chicken Soup w/ a Chicken Fillet Sandwich	Cheese Ravioli in Marinara Sauce w/ Italian Bread	Lasagna Roll Ups w/ Marinara Sauce & Mixed Veggies	 Organic Grilled Cheese Sandwich w/ Sweet Potato Wedges
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
Pizza Crunchers w/ a Dinner Roll Double Hot	Stuffed Crust Pizza Double Hot	Boneless Chicken Wings w/ Mashed Potatoes Double Hot	Chicken Tenders & Fries Double Hot	Chicken Nuggets w/ Mashed Potatoes Double Hot
15	16	17	18	19
BBQ Pulled Pork on a Kaiser Roll w/ Fries	Cheeseburger w/ Tater Tots	French Toast w/ Local Apple Chutney & Roasted Local Sweet Potatoes	 Organic Grilled Cheese Sandwich w/ Homemade Organic Chicken & Rice Soup	 Baked Organic Mac & Cheese: Organic Pasta, Organic Cheddar Cheese & Organic Milk
Pizzeria Pizza	Beef Burger w/ Tater Tots	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
Waffle Sticks w/ a Sausage Patty Double Hot	Vegan Impossible Burger w/ Tater Tots	Teriyaki Chicken w/ Asian Vegetables over Brown Rice Double Hot	Popcorn Chicken Bowl Double Hot	Baked Mozzarella Sticks w/ Marinara Sauce and Sweet Corn Double Hot
	Pizzeria Pizza			
	Stuffed Shells in Pink Sauce w/ Garlic Bread Double Hot			
22	23	24	25	26
Homemade Macaroni & Cheese w/ Italian Bread	EARLY DISMISSAL NO LUNCH SERVICE	NO SCHOOL	NO SCHOOL	NO SCHOOL
Pizzeria Pizza				
Popcorn Chicken w/ Mashed Potatoes & a Dinner Roll Double Hot				

NO SCHOOL

29

NO SCHOOL

30

NO SCHOOL

31


Go to
<http://glenrock.pomptonianmenus.com/order>
to place an order by credit card.



Fruits & vegetables from
The Farm Stand are
included with lunch.

**FOOD
ALLERGIES**

Allergy-Aware menus are available for students with food allergies.
For more information contact your Food Service Director or see
our Food Allergy Best Practices at www.pomptonian.com.

Traditional Lunch - \$5.15 per meal
Double Hot Traditional Meal - \$6.75
Boar's Head Deli & Featured Favorite Lunches - \$5.90 (Double Hot not available)
Premium Lunch - \$6.15 (Double Hot not available)
 Organic Lunch - \$7.40 (Double Hot not available)
2-Slice Pizza Meal - \$6.50

Upgrade your Milk Selection!

Add an Organic Milk or Organic Chocolate Milk to your order
for \$3.00 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:

Entrée w/ Protein/Grain

A Trip to The Farm Stand

Low-Fat Flavored Milk, Skim Milk, 1% Milk,
or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director
at 201 445-7700 ext. 8965

Menu Subject to Change

Everything on this Menu is baked not Fried

*Your comments are important to us. Please email us at
comments@pomptonian.com*